**Instructions for the Mythology Final**

**You may choose one of the following approaches for your final paper:**

**One 4 page paper Must tie in at least 6 myths to support the element**

**or**

**Two 2 page papers Must tie in at least 3 myths to support each element**

**or**

**Five 1 page papers Must tie in at least 2 myths to support each element**

**Your paper should be double-spaced in Times New Roman and size 12 font.**

I foresee the paper(s) with a thesis like, “The element of harmony is essential to the human experience as seen in mythology.” Then you break the topic into subtopics and discuss them from your own perspective and use anything that we discussed or read as support for your paragraphs.

**Through mythology, we see mankind’s needs and desires for the following elements:**

* **Power**
* over others
* over death
* over the cosmos/fate
* through wisdom/knowledge
* **Harmony (balance/connection)**
* with original archetypes (renew/evolve), and nature
* with your place/calling in life (bliss)
* with life source, God(s), and spiritual world
* with fate and destiny
* **Ego** - our subconscious self that is ***opposite of harmony*** which
* is constrained by fear of failure and loss
* focusses on self over others / pleasure over virtue
* seeks justice at any cost
* can have a blind attraction/fixation on goals
* is achievement/possession driven which can lead tojealousy and pride
* **Love**
* for others over self
* through a connection
* through a sacrifice
* 3 P’s: Procreate, Protect, Provide
* **Amusement** (muse)
* for inspiration
* for validation
* for alternate realities to compare ourselves to
* to satisfy our drive and restlessness